

Appendix A—Course Design Requirements & Guidelines

A course is defined by the judge in the form of a course map, which presents the collection of exercises to be performed while following the defined sequence or path through the course. Each course design shall be unique for each trial in order to provide an objective test of a handler’s skills in navigating a course and training of the dog to perform each exercise as set forth in Chapters 5 – 7.

Judges are responsible for designing courses that meet the performance standards and present a balance of challenges for the class level. A course must have flow, which occurs through sequencing and spacing of stations with a degree of creativity.

Course navigation exercises include heeling and a variety of navigational turns, such as 90° Right Turn, 180° Left Turn, 270° Right Turn, 45° Veer Left, and so on. Turns of 90° or less may be implied following a Cone or Bowl exercise (e.g., Figure 8, Spiral, or Serpentine), and need not be directed by a physical sign.

In short, a prepared handler should find the course to be both fun and challenging, with a natural and upbeat experience as they perform the course, through a seamless connection of stations from start to finish.

Table: Summary of Course Requirements

	Intro	Level 1	Level 2	Level 3	Veteran
# of Exercise Signs (including bonus signs)	10	14 – 16	16 – 18	18 – 20	11 – 13
Maximum # Shared Stations	1	2	3	3	2
Maximum # of Exercises per Shared Station	2	2	3	3	3
Option to Separate Shared Stations	Yes	Yes	Yes	Yes	Yes
Maximum # of Stationary Exercises	4	5	5	6	3
Bonus Exercise	Level 1 Cone Exercise	Level 2 Exercise	Level 3 Exercise	Level 3 Bonus Exercise	Level 3 Bonus Exercise (w/o Sit or Moving Down)
Maximum Course Time (MCT)	3:00 minutes (180 seconds)	3:00 minutes (180 seconds)	3:30 minutes (210 seconds)	4:00 minutes (240 seconds)	4:00 minutes (240 seconds)
Standard Course Time (SCT) (“B” Class) <i>(SCT effective January 1, 2019)</i>	N/A	2:40 minutes (160 seconds)	3:10 minutes (190 seconds)	3:40 minutes (220 seconds)	N/A

Section A.1—General Course Design Standards

The following standards establish the environment in which a Rally performance is to be tested.

Bonus

Each course must include one bonus exercise, which is incorporated as part of the timed course (i.e., after the Start and before the Finish). Each bonus sign shall be a numbered station in the sequence selected at judge’s discretion, and it shall be clearly marked by placing the “Bonus” placard next to or affixed to the bonus exercise sign(s). The bonus exercise is not counted toward the maximum number of Stationary Exercises allowed on a course.

Since handlers have the option to bypass the bonus and continue to the next station on course, course flow should be maintained from the station preceding the bonus, to the station following the bonus.

If the bonus exercise results in a change of direction, the handler shall perform an additional basic turn as needed following the bonus in order to continue to the next station (see Chapter 3, Section 3.3.) The judge may place a basic directional turn from Level 1 (e.g., 180° Right Turn, 45° Veer Left), which shall be unnumbered, following the bonus in order to maintain course flow.

The bonus exercise is selected as follows:

- In Level 1, the bonus is any Level 2 exercise set forth in Chapter 6 other than those exercises performed at a distance (i.e., beginning with “Leave Dog”) and jumping exercises, as Level 1 must be performed on leash.
- In Level 2, the bonus is any Level 3 exercise set forth in Chapter 7.
- In Level 3, the bonus is selected from the list of Level 3 Bonus exercises set forth in Chapter 7.
- In Intro, the bonus is selected from the Level 1 Cone exercises set forth in Chapter 5.
- In Veteran, the bonus is selected from the Level 3 Bonus exercises set forth in Chapter 7 that do not include a sit (if the maximum number of sits for a Veteran course will be exceeded) or a moving down.

Course Efficiency

The Start sign should be convenient to the designated ring entrance, and the Finish sign should be positioned near the exit to promote efficient flow in and out of the ring, as well as for ease of visibility for the Timing Steward.

Course Maps

A course map is the diagram showing the course flow, numerical sequence, and positioning of each exercise station. It is used by course builders to lay out the course and by handlers to study the course layout. Course maps must:

- be computer-generated or typewritten
- have a title that includes the name “WCRL,” the trial host name, class name (i.e., Level), date of event, trial number (if more than one in a day), and Judge name
- include a legend listing the exercises and exercise sign #s (e.g., Halt-Sit [100]), in the order they are used
- indicate the Bonus, Shared Stations (if any), and Joined Pace signs (if any), both on the map and in the legend
- include ring dimensions and scale of the map (e.g., 1 inch = 10 feet)

Exercise Sign Usage

An exercise may be used only once per course, except for the following signs:

Exercises that may be used 2 times per course	Exercises that may be used 3 times per course
Slow Pace (152) Fast Pace (154) 270° Right Turn (166) 270° Left Turn (168) Veer 45° Right (174) Veer 45° Left (176)	Normal Pace (150) 90° Right Turn (158) 90° Left Turn (160) 180° Right Turn (162) 180° Left Turn (164)

Maximum Course Time and Standard Course Time *(SCT effective January 1, 2019)*

The judge shall consider the Maximum Course Time (MCT) and Standard Course Time (SCT) in the selection of exercises (see Section 3.4—Performance Concepts). A course should have a balance of exercises of different types so that they may be performed without time penalty when the course is performed proficiently, including the performance of a bonus exercise and any treat rewards given following a Stationary exercise a reasonable number of times for the level.

Selection of too many stationary exercises could result in a performance time that surpasses the SCT when the course is performed proficiently and must be avoided.

Should the course design be such that it appears the SCT may be exceeded, this is an indication that either the course is too difficult for the level, or that the judge’s estimate of a sound performance is too slow. The judge must consider sizes and types of breeds of sound conformation while performing with some spryness in making their estimates, and that food rewards should not be necessary at every stationary exercise. Any adjustments to the course design shall be made during the course building and not after a class has begun.

Pace Exercises

A Normal Pace sign is not required to be placed following pace changes. In addition, a pace exercise need not be just a standalone exercise on course. A Slow Pace or Fast Pace sign may be joined to (i.e., immediately follow) a station or shared station to indicate the speed at which to move to the next station, except a pace sign may not be joined to an exercise ending in down in any class, and may not be joined to a stationary exercise in Intro, Level 1, and Veteran classes. (See Chapter 3, Section 3.4—Pace.)

Ring Size

The recommended course size for all levels is 4,000 square feet (405 square meters) in a recommended rectangular configuration of 50 x 80 feet (15m x 27m). The minimum course size may be as small 2,000 square feet (208 square meters) with a recommended rectangular configuration of 40 x 50 feet (13m x 16m), but trial hosts are strongly encouraged to make as much of the recommended course size available to provide the judge with more freedom in design and selection of exercises. Space between stations is crucial to enable the handler and dog teams to work in an upbeat and enjoyable manner.

Judges should design courses to take full advantage of available ring size whenever possible. Course size may be reduced up to 25% for Intro. Other ring configurations may be possible and should be presented to WCRL for review.

Shared Stations

Exercise signs that share a common stationary element may be placed in a shared station. The exceptions are that bonuses and exercise #256 (Moving Down, Forward) may not be used in shared stations. Initial exercises in a shared station must be stationary exercises. (See Chapter 3, Section 3.4—Shared Station.)

No more than one sign of a shared station shall have three or more sits and/or downs combined.

Each stationary exercise in a shared station shall be included in the total stationary exercise count on the course.

Spacing Variability

Ample spacing should be provided for all sizes and types of dogs to comfortably negotiate the course. There shall be a minimum of 10 feet (3m) between exercise signs sequentially, though a distance of 15 – 20 feet (4.5m – 6m) is recommended if possible. The following exercises require more than 10 feet (3m) to the next station. They are shown with minimum and recommended distances for performance of the exercises:

Level	Minimum	Recommended
Level 1		
Fast Pace (154)	20 feet (6m)	20 – 24 feet (6m – 7.5m)
Level 2		
Halt, Leave Dog. Turn, Call Over Jump, Front, Finish (216 A-B)	20 feet (6m)	24 – 27 feet (7.5m – 8.1m)
Halt, Fast Forward from Sit (254)	18 feet (5.5m)	18 – 20 feet (5.5m – 6m)
Send Over Jumps, Handler Runs By 3' (1m) (260)	20 feet (6m)	24 – 30 feet (7.5m – 9m)
Halt, Leave Dog. Turn, Call Over Jump, Front, Forward (262 A-B)	20 feet (6m)	24 – 27 feet (7.5m – 8.1m)
Level 3		
Halt, 1-2-3 Steps Forward with Halts (300)	18 feet (5.5m)	20 – 24 feet (6m – 7.5m)
Moving Down, Leave Dog. Turn, Front, Finish (308)	15 feet (4.5m)	15 – 20 feet (4.5m – 6m)
Halt, Leave Dog. Turn, Directed Jump, Front, Finish (312 A-B)	24 feet (7.5m)	24 – 30 feet (7.5m – 9m)
Halt, Leave Dog. Turn, Down on Recall, Front, Return, Forward (368 A-B)	24 feet (7.5m)	24 – 30 feet (7.5m – 9m)
Halt, Leave Dog. Turn, Call Over 2 Jumps, Front, Forward (372 A-B)	30 feet (9m)	30 – 35 feet (9m – 10.5m)
Send Over Jump, Handler Runs By 6' (1.8m) (374)	20 feet (6m)	24 – 30 feet (7.5m – 9m)
<i>Level 3 Bonus:</i> Halt, Leave Dog. Right Turn, Call to Heel (456 A-B)	20 feet after turn (6m)	20 – 24 feet (6m – 7.5m)
<i>Level 3 Bonus:</i> Halt, Leave Dog. Left Turn, Call to Heel (458 A-B)	20 feet after turn (6m)	20 – 24 feet (6m – 7.5m)
<i>Level 3 Bonus:</i> Moving Down, 2-4 Steps, Moving Stand (460)	15 feet (4.5m)	15 – 20 feet (4.5m – 6m)

Stations and Signs

A station is defined as a place on course where one or more exercise signs shall be performed (see Chapter 3, Section 3.4). Exercise signs, including both signs of a two-sign exercise, must be numbered sequentially to define the flow of the course. For shared stations, each exercise shall also be numbered separately to indicate the order in which the exercises are to be performed.

Exercise signs are generally placed, at judge's discretion, so that the course path and performance of the exercise is to the left or in front of each sign. Cone exercises may have the exercise sign placed at the first cone, facing toward the path of approach.

Each exercise sign has a Primary Element and Secondary Element(s); therefore, each exercise sign is scored. For example, when scoring a performance of a two-sign exercise (e.g., #212 A-B Halt, Leave Dog. Turn, Recall, Finish Right), both sign A (Halt, Leave Dog) and sign B (Turn, Recall, Finish Right) are scored based on the exercise requirements for each sign.

Section A.2—Level 1 Course Requirements

Purpose: Level 1 is designed to test proficiency in performance of a course that incorporates a variety of turns and fundamental exercises demonstrating sit, stand, down, stay, front, and finish with the dog on-leash. The focus is on demonstrating a basic foundation in teamwork in the fundamental exercises required for building a strong bond between handler and dog.

A Level 1 course has a Start and Finish, and 14 – 16 exercise signs, which includes the bonus exercise sign. The maximum number of stationary exercises allowed on each Level 1 course is 5.

Each Level 1 course must include, in order of Judge’s preference:

- Exercise #102 (Halt, Sit, Stand)
- At least 1 Down exercise from Level 1
- At least 1 Stay exercise from Level 1
- 1 bonus exercise from the Level 2 exercises (see Table: Level 2 Exercises By Type), excluding exercises performed at a distance (“Leave Dog Exercises”) and jumping exercises

The remainder of the Level 1 course shall be comprised of exercises from Level 1.

Level 1 Exercises By Type

Stationary (S)	Moving (M)
Halt, Sit (100)	Normal Pace (150)
Halt, Sit, Stand (102)	Slow Pace (152)
Halt, Sit, Down (104)	Fast Pace (154)
Halt, Sit, Walk Around (106)	Moving Sidestep Right (156)
Halt, Turn Right, 1 Step, Halt (108)	90° Right Turn (158)
Halt, 90° Right Pivot, Halt (110)	90° Left Turn (160)
Halt, Sit, Down, Sit (112)	180° Right Turn (162)
Halt, Sit, Down, Walk Around (114)	180° Left Turn (164)
Call Front, Finish Right (116)	270° Right Turn (166)
Call Front, Finish Left (118)	270° Left Turn (168)
	360° Right Turn (170)
	360° Left Turn (172)
	Veer 45° Right (174)
	Veer 45° Left (176)
	Call Front, Forward Right (178)
	Call Front, Forward Left (180)
	<i>Cone Exercises:</i>
	Mini Spiral Right (182)
	Mini Spiral Left (184)
	Figure 8 (186)
	Serpentine (188)

Section A.3—Level 2 Course Requirements

Purpose: Level 2 is designed to test proficiency in the fundamental skills through an expanded array of exercises while moving through a course with the dog off-leash, as well as to introduce jumping skills and the recall exercise in preparation for a wider range of behaviors at the next level. The focus at this level is on solidifying confidence in the fundamental skills, while building the dog’s willingness to work with their handler off-leash.

A Level 2 course has a Start and Finish, and 16 – 18 exercise signs, which includes the bonus exercise sign(s). The maximum number of complete stationary exercises allowed on each Level 2 course is 5.

Each Level 2 course shall include, in order of Judge’s preference:

- At least 5 complete exercises from Level 2, which shall include:
 - at least 1 Leave Dog exercise
 - at least 1 Jump exercise (jump exercises 216 A-B and 262 A-B may be used to fulfill both the Leave Dog and Jump exercise requirement)
- 1 bonus exercise from the Level 3 exercises (see Table: Level 3 Exercises By Type)

The remainder of the Level 2 course shall be comprised of exercises from Levels 1 and 2.

Level 2 Exercises By Type

Stationary (S)	Moving (M)
Halt, 180° Right Pivot, Halt ⁽¹⁾ (200) Halt, 90° Left Pivot, Halt ⁽¹⁾ (202) Halt, Sidestep Right, Halt ⁽¹⁾ (204) Halt, Leave Dog. Call to Heel, Sit (206AB) Halt, Leave Dog, Veer Right. Turn, Angled Recall, Finish (208AB) Halt, Leave Dog, Veer Left. Turn, Angled Recall, Finish (210AB) Halt, Leave Dog. Turn, Recall, Finish Right (212AB) Halt, Leave Dog. Turn, Recall, Finish Left (214AB) Halt, Leave Dog. Turn, Call Over Jump, Front, Finish (216AB) Call Front, Sidestep-Finish Left or Sidestep-Finish Right ⁽¹⁾ (218)	Halt, From Sit, 180° Right Turn, Forward ⁽¹⁾ (250) Halt, From Sit, 180° Left Turn, Forward ⁽¹⁾ (252) Halt, Fast Forward from Sit ⁽¹⁾ (254) Moving Down, Forward ⁽¹⁾ (256) Left About Turn ⁽¹⁾ (258) Send Over Jump, Handler Runs By 3’ (1m) (260) Halt, Leave Dog. Turn, Call Over Jump, Front, Forward (262AB) Halt, Leave Dog While Running. Return Behind, Forward (264AB) Moving Stand, Walk Around ⁽¹⁾ (266) <i>Cone/Bowl Exercises:</i> Spiral Right ⁽¹⁾ (268) Spiral Left ⁽¹⁾ (270) Offset Figure 8 (No Food) ⁽¹⁾ (272) Double Serpentine (Double Figure 8) ⁽¹⁾ (274)

Footnote(s):

(1) Exercise may be used as a bonus in Level 1.

Section A.4—Level 3 Course Requirements

Purpose: Level 3 is designed to test proficiency in a wide array of exercises testing the attentiveness and responsiveness of the dog while working through a course with the dog off-leash, including a variety of heeling maneuvers. The focus is on interaction of handler and dog as a team in a fluid series of challenges from start to finish. The course includes a wider array of exercises that test advanced proficiency in attentiveness, responsiveness, and distance control while reinforcing the dog’s understanding of position, place, and performing tasks at a distance.

A Level 3 course has a Start and Finish, and 18 – 20 exercise signs, which includes the bonus exercise sign(s). The maximum number of complete stationary exercises allowed on each Level 3 course is 6.

Each Level 3 course shall include, in order of Judge’s preference:

- At least 5 complete exercises from Level 3, which shall include:
 - at least 1 of the following Leave Dog exercises:
 - 306 A-B Moving Stand, Leave Dog. Turn, Down, Sit, Front, Finish
 - 368 A-B Halt, Leave Dog. Turn, Down on Recall, Front, Return, Forward
 - 370 A-B Halt, Leave Dog. Turn, Down, Return Behind, Forward
- 1 bonus exercise from the list of Level 3 Bonus exercises (see Chapter 7, Section 7.3.)

The remainder of the Level 3 course shall be comprised of exercises from Levels 1, 2, and 3.

Level 3 Exercises By Type

Stationary (S)	Moving (M)
Halt, 1-2-3 Steps Forward with Halts (300) Halt, 180° Left Pivot, Halt (302) Moving Stand, Leave Dog. Turn, Call to Heel, Sit (304AB) Moving Stand, Leave Dog. Turn, Down, Sit, Front, Finish (306AB) Moving Down, Leave Dog. Turn, Front, Finish (308AB) Halt, Leave Dog. Blind Front, Finish Left (310AB) Halt, Leave Dog. Turn, Directed Jump, Front, Finish (312AB)	Double Left About Turn (350) Reverse Heel 3 Steps, Forward (352) Front, 1-2-3 Steps Backward, Forward (354) Call Front, Dog Back Up 3 Steps, Return, Forward (356) Front, 180° R/L Pivot, Forward (358) Right Turn, 1-2 Steps, Down, Forward (360) Left Turn, 1-2 Steps, Down, Forward (362) Halt, Stand with Distraction, Return Behind, Forward (364) Moving Stand, Leave Dog. Turn, Call to Heel, Forward (366AB) Halt, Leave Dog. Turn, Down on Recall, Front, Return, Forward (368AB) Halt, Leave Dog. Turn, Down, Return Behind, Forward (370AB) Halt, Leave Dog. Turn, Call Over 2 Jumps, Front, Forward (372AB) Send Over Jump, Handler Runs By 6’ (1.8m) (374) <i>Cone Exercise:</i> Offset Figure 8 (With Food) (376)
Level 3 Bonus Exercises	
Front, Finish R/L to Right Side ⁽¹⁾ (400) Halt, Retrieve, Front, Finish (402)	Switch Side 180° Pivot ⁽¹⁾ (450) Switch Side 180° Right Turn ⁽¹⁾ (452) Switch Side 180° Left Turn ⁽¹⁾ (454) Halt, Leave Dog. Right Turn, Call to Heel (456AB) Halt, Leave Dog. Left Turn, Call to Heel (458AB) Moving Down, 2-4 Steps, Moving Stand (460)

Footnote(s):

(1) Right-side heel bonus exercises must either be the last station of a course, or must be followed by a Leave Dog or Call Front regular exercise where the dog resolves the exercise in left-side heel position.

Section A.5—Intro Course Requirements

Purpose: Intro is designed for those who have just completed training of obedience fundamentals to provide a positive introduction to Rally sport and to help teams acclimate to being in the ring. The Intro class provides a means of testing proficiency in the fundamental exercises of heel, sit, stand, down, front, and finish, while moving through a smooth flowing, abbreviated course with the dog on leash.

An Intro course has a Start and Finish, and 10 exercise signs, which includes the bonus exercise sign. The maximum number of stationary exercises allowed on each Intro course is 4.

Each Intro course must include, in order of Judge’s preference:

- Exercise #102 (Halt, Sit, Stand)
- 1 Down exercise from Level 1
- 1 bonus exercise from the list of Cone Exercises in Level 1

The remainder of the Intro course shall be comprised of Intro exercises from Level 1. Cone Exercises may not be used on an Intro course other than as a bonus.

Intro Exercises By Type (from Level 1)

Stationary (S)	Moving (M)
Halt, Sit (100) Halt, Sit, Stand (102) Halt, Sit, Down (104) Halt, Sit, Walk Around (106) Halt, Turn Right, 1 Step, Halt (108) Halt, 90° Right Pivot, Halt (110) Halt, Sit, Down, Sit (112) Halt, Sit, Down, Walk Around (114) Call Front, Finish Right (116) Call Front, Finish Left (118)	Normal Pace (150) Slow Pace (152) Fast Pace (154) Moving Sidestep Right (156) 90° Right Turn (158) 90° Left Turn (160) 180° Right Turn (162) 180° Left Turn (164) 270° Right Turn (166) 270° Left Turn (168) 360° Right Turn (170) 360° Left Turn (172) Veer 45° Right (174) Veer 45° Left (176) Call Front, Forward Right (178) Call Front, Forward Left (180)
Intro Bonus Exercises	
	<i>Cone Exercises:</i> Mini Spiral Right (182) Mini Spiral Left (184) Figure 8 (186) Serpentine (188)

Section A.6—Veteran Course Requirements

Purpose: Veteran is designed to incorporate age-appropriate exercises from all levels to enable older dogs to remain active into their later years.

A Veteran course has a Start and Finish, and 11 – 13 exercise signs, which includes the bonus exercise sign(s). The maximum number of sits (in either heel or front position) allowed on each Veteran course is 5. An exercise may have more than one sit, so each sit must be counted to ensure the course does not exceed 5 sits.

Each Veteran course shall include, in order of Judge’s preference:

- Maximum of 3 Veteran stationary exercises
- At least 2 Veteran moving exercises from Level 2
- At least 2 Veteran moving exercises from Level 3
- 1 bonus exercise from the list of Level 3 Bonus Exercises that does not involve a sit (if the maximum number of sits will be exceeded) or a Moving Down

The remainder of the Veteran course shall be comprised of Veteran moving exercises.

Veteran Exercises By Level

	Stationary (S)	Moving (M)
Level 1	Halt, Sit, Stand (102) Halt, Sit, Walk Around (106) Call Front, Finish Right (116) Call Front, Finish Left (118)	Normal Pace (150) Slow Pace (152) Fast Pace (154) Moving Sidestep Right (156) 90° Right Turn (158) 90° Left Turn (160) 180° Right Turn (162) 180° Left Turn (164) 270° Right Turn (166) 270° Left Turn (168) 360° Right Turn (170) 360° Left Turn (172) Veer 45° Right (174) Veer 45° Left (176) Call Front, Forward Right (178) Call Front, Forward Left (180) <i>Cone Exercises:</i> Mini Spiral Right (182) Mini Spiral Left (184) Figure 8 (186) Serpentine (188)
Level 2	Halt, Sidestep Right, Halt (204) Call Front, Sidestep-Finish Left or Sidestep-Finish Right (218)	Left About Turn (258) Halt, Leave Dog While Running. Return Behind, Forward (264AB) Moving Stand, Walk Around (266) <i>Cone/Bowl Exercises:</i> Spiral Right (268) Spiral Left (270) Offset Figure 8 (No Food) (272) Double Serpentine (Double Figure 8) (274)
Level 3	Moving Stand, Leave Dog. Turn, Call to Heel, Sit (304AB)	Double Left About Turn (350) Front, 180° R/L Pivot, Forward (358) Halt, Stand with Distraction, Return Behind, Forward (364) Moving Stand, Leave Dog. Turn, Call to Heel, Forward (366AB) Halt, Leave Dog. Turn, Down, Return Behind, Forward (370AB) <i>Cone/Bowl Exercise:</i> Offset Figure 8 (With Food) (376)

Section A.7—Comprehensive Exercise List

The following tables include the list of exercises cross-referenced to their former exercise number. Previous signs may continue to be used with their new number, unless the exercise has been redefined, as indicated by “Revised” next to the former exercise number.

Where an exercise may be used more than once on a course, the maximum number is shown in parentheses ().

Level 1 Exercises

Type	Exercise #	Exercise Name	Former (2011) Exercise #
Stationary (S)	100	Halt, Sit	1
	102	Halt, Sit, Stand	2 Revised
	104	Halt, Sit, Down	3
	106	Halt, Sit, Walk Around	5
	108	Halt, Turn Right, 1 Step, Halt	28
	110	Halt, 90° Right Pivot, Halt	23
	112	Halt, Sit, Down, Sit	4
	114	Halt, Sit, Down, Walk Around	6
	116	Call Front, Finish Right	17
	118	Call Front, Finish Left	18
Moving (M)	150	Normal Pace (3)	21
	152	Slow Pace (2)	19
	154	Fast Pace (2)	20
	156	Moving Sidestep Right	22
	158	90° Right Turn (3)	7
	160	90° Left Turn (3)	8
	162	180° Right Turn (3)	9
	164	180° Left Turn (3)	10
	166	270° Right Turn (2)	11
	168	270° Left Turn (2)	12
	170	360° Right Turn	13
	172	360° Left Turn	14
	174	Veer 45° Right (2)	New
	176	Veer 45° Left (2)	New
	178	Call Front, Forward Right	15
	180	Call Front, Forward Left	16
	182	Mini Spiral Right	New
	184	Mini Spiral Left	New
186	Figure 8	New	
188	Serpentine	30	

Level 2 Exercises

Type	Exercise #	Exercise Name	Former (2011) Exercise #
Stationary (S)	200	Halt, 180° Right Pivot, Halt	38
	202	Halt, 90° Left Pivot, Halt	24
	204	Halt, Sidestep Right, Halt	47
	206 A-B	Halt, Leave Dog. Call to Heel, Sit	L1 B1
	208 A-B	Halt, Leave Dog, Veer Right. Turn, Angled Recall, Finish	32-33
	210 A-B	Halt, Leave Dog, Veer Left. Turn, Angled Recall, Finish	32-33
	212 A-B	Halt, Leave Dog. Turn, Recall, Finish Right	34-35-36
	214 A-B	Halt, Leave Dog. Turn, Recall, Finish Left	34-35-37
	216 A-B	Halt, Leave Dog. Turn, Call Over Jump, Front, Finish	55-56 Revised
	218	Call Front, Sidestep-Finish Left or Sidestep-Finish Right	L1 B2 Revised
Moving (M)	250	Halt, From Sit, 180° Right Turn, Forward	40
	252	Halt, From Sit, 180° Left Turn, Forward	41
	254	Halt, Fast Forward from Sit	46
	256	Moving Down, Forward	45
	258	Left About Turn	48
	260	Send Over Jump, Handler Runs By 3' (1m)	New
	262 A-B	Halt, Leave Dog. Turn, Call Over Jump, Front, Forward	55-56 Revised
	264 A-B	Halt, Leave Dog While Running. Return Behind, Forward	New
	266	Moving Stand, Walk Around	49 Revised
	268	Spiral Right	25
	270	Spiral Left	26
	272	Offset Figure 8 (No Food)	New
	274	Double Serpentine (Double Figure 8)	29

Level 3 Exercises

Type	Exercise #	Exercise Name	Former (2011) Exercise #
Stationary (S)	300	Halt, 1-2-3 Steps Forward with Halts	27
	302	Halt, 180° Left Pivot, Halt	39
	304 A-B	Moving Stand, Leave Dog. Turn, Call to Heel, Sit	50-51 Revised
	306 A-B	Moving Stand, Leave Dog. Turn, Down, Sit, Front, Finish	52-53
	308 A-B	Moving Down, Leave Dog. Turn, Front, Finish	L2 B1
	310 A-B	Halt, Leave Dog. Blind Front, Finish Left	New
	312 A-B	Halt, Leave Dog. Turn, Directed Jump, Front, Finish	57-58
Moving (M)	350	Double Left About Turn	New
	352	Reverse Heel 3 Steps, Forward	54
	354	Front, 1-2-3 Steps Backward, Forward	42 Revised
	356	Call Front, Dog Back Up 3 Steps, Return, Forward	L3 B2 Revised
	358	Front, 180° R/L Pivot, Forward	63 Revised
	360	Right Turn, 1-2 Steps, Down, Forward	59
	362	Left Turn, 1-2 Steps, Down, Forward	60
	364	Halt, Stand with Distraction, Return Behind, Forward	L3 B3 Revised
	366 A-B	Moving Stand, Leave Dog. Turn, Call to Heel, Forward	50-51 Revised
	368 A-B	Halt, Leave Dog. Turn, Down on Recall, Front, Return, Forward	61-62 Revised
	370 A-B	Halt, Leave Dog. Turn, Down, Return Behind, Forward	L2 B3 Revised
	372 A-B	Halt, Leave Dog. Turn, Call Over 2 Jumps, Front, Forward	New
	374	Send Over Jump, Handler Runs By 6' (1.8m)	43
	376	Offset Figure 8 (With Food)	31

Level 3 Bonus Exercises

Type	Exercise #	Exercise Name	Former (2011) Exercise #
Stationary (S)	400	Front, Finish R/L to Right Side	New
	402	Halt, Retrieve, Front, Finish	L3 B1 Revised
Moving (M)	450	Switch Side 180° Pivot	New
	452	Switch Side 180° Right Turn	New
	454	Switch Side 180° Left Turn	New
	456 A-B	Halt, Leave Dog. Right Turn, Call to Heel	New
	458 A-B	Halt, Leave Dog. Left Turn, Call to Heel	New
	460	Moving Down, 2-4 Steps, Moving Stand	New

Discontinued Exercises

The following exercises have been discontinued in their original form:

- Level 2 Exercise 44—Halt, Leave, Call Front While Running
- Level 2 Bonus 2—Halt, Leave Dog / Call Front (distraction recall)

Section A.8—List of Primary Elements by Exercise

The following tables list the Primary Element(s) for each exercise by level.

Where an exercise may be used more than once on a course, the maximum number is shown in parentheses ().

Level 1 Primary Elements

Type	Exercise #	Exercise Name	Primary Element(s)
Stationary	100	Halt, Sit	Sit
	102	Halt, Sit, Stand	Stand from sit position
	104	Halt, Sit, Down	Down from sit position
	106	Halt, Sit, Walk Around	Stay in sit position
	108	Halt, Turn 1 Step Right, Halt	Initiate heeling as handler turns 1 step to right
	110	Halt, 90° Right Pivot, Halt	Initiate heeling as handler pivots right
	112	Halt, Sit, Down, Sit	Sit from down position
	114	Halt, Sit, Down, Walk Around	Stay in down position
	116	Call Front, Finish Right	Front with sit
	118	Call Front, Finish Left	Front with sit
Moving	150	Normal Pace (3)	Normal pace
	152	Slow Pace (2)	Slow pace
	154	Fast Pace (2)	Fast pace
	156	Moving Sidestep Right	Dog maintains heel position through handler sidestep
	158	90° Right Turn (3)	Right turn
	160	90° Left Turn (3)	Left turn
	162	180° Right Turn (3)	180° right turn
	164	180° Left Turn (3)	180° left turn
	166	270° Right Turn (2)	270° turn to the right
	168	270° Left Turn (2)	270° turn to the left
	170	360° Right Turn	360° turn to the right
	172	360° Left Turn	360° turn to the left
	174	Veer 45° Right (2)	45° right turn
	176	Veer 45° Left (2)	45° left turn
	178	Call Front, Forward Right	Front with sit
	180	Call Front, Forward Left	Front with sit
	182	Mini Spiral Right	Heeling around cones in defined pattern to the right
	184	Mini Spiral Left	Heeling around cones in defined pattern to the left
186	Figure 8	Heeling around cones in defined pattern	
188	Serpentine	Heeling around cones in defined pattern	

Level 2 Primary Elements

Type	Exercise #	Exercise Name	Primary Element(s)
Stationary	200	Halt, 180° Right Pivot, Halt	Initiate heeling as handler pivots to right
	202	Halt, 90° Left Pivot, Halt	Initiate heeling as handler pivots to left
	204	Halt, Sidestep Right, Halt	Dog sits in heel position after handler sidestep
	206 A-B	Halt, Leave Dog. Call to Heel, Sit	A. Stay in place B. Come to heel position
	208 A-B	Halt, Leave Dog, Veer Right. Turn, Offset Recall, Finish	A. Stay in place B. Come to front
	210 A-B	Halt, Leave Dog, Veer Left. Turn, Offset Recall, Finish	A. Stay in place B. Come to front
	212 A-B	Halt, Leave Dog. Turn, Recall, Finish Right	A. Stay in place B. Finish right
	214 A-B	Halt, Leave Dog. Turn, Recall, Finish Left	A. Stay in place B. Finish left
	216 A-B	Halt, Leave Dog. Turn, Call Over Jump, Front, Finish	A. Stay in place B. Pass between jump uprights in correct direction
	218	Call Front, Sidestep-Finish Left or Sidestep-Finish Right	Front with sit (x2)
Moving	250	Halt, From Sit, 180° Right Turn, Forward	180° turn to right from sit
	252	Halt, From Sit, 180° Left Turn, Forward	180° turn to left from sit
	254	Halt, Fast Forward from Sit	Fast pace from sit
	256	Moving Down, Forward	Down without pausing in sit
	258	Left About Turn	Dog turns clockwise around handler while handler turns counterclockwise
	260	Send Over Jump, Handler Runs By 3' (1m)	Pass between jump uprights in correct direction with handling at a minimum 3' (1m) distance
	262 A-B	Halt, Leave Dog. Turn, Call Over Jump, Front, Forward	A. Stay in place B. Pass between jump uprights in correct direction
	264 A-B	Halt, Leave Dog While Running. Return Behind, Forward	A. Stay in place B. Heel forward with handler
	266	Moving Stand, Walk Around	Stay in stand position
	268	Spiral Right	Heeling around cones in defined pattern to the right
	270	Spiral Left	Heeling around cones in defined pattern to the left
	272	Offset Figure 8 (No Food)	Heeling around food bowls and cones in defined pattern
	274	Double Serpentine (Double Figure 8)	Heeling around cones in defined pattern

Level 3 Primary Element(s)

Type	Exercise #	Exercise Name	Primary Element(s)
Stationary	300	Halt, 1-2-3 Steps Forward with Halts	Repeating sits
	302	Halt, 180° Left Pivot, Halt	Initiate heeling as handler pivots to left
	304 A-B	Moving Stand, Leave Dog. Turn, Call to Heel, Sit	A. Stay in place B. Come to heel position
	306 A-B	Moving Stand, Leave Dog. Turn, Down, Sit, Front, Finish	A. Stay in stand position B. Down and sit at a distance
	308 A-B	Moving Down, Leave Dog. Turn, Front, Finish	A. Stay in down position B. Come to front
	310 A-B	Halt, Leave Dog. Blind Front, Finish Left	A. Stay in place B. Come to blind front
	312 A-B	Halt, Leave Dog. Turn, Directed Jump, Front, Finish	A. Stay in place B. Pass between jump uprights in correct direction with handler at 6' (1.8m) distance
Moving	350	Double Left About Turn	Dog passes clockwise around handler to reverse direction as handler turns counterclockwise (x2)
	352	Reverse Heel 3 Steps, Forward	Reverse heel 3 steps
	354	Front, 1-2-3 Steps Backward, Forward	Repeating sits at front
	356	Call Front, Dog Back Up 3 Steps, Return, Forward	Back up 3 steps without sitting
	358	Front, 180° R/L Pivot, Forward	Initiate movement as handler pivots
	360	Right Turn, 1-2 Steps, Down, Forward	Down following turn
	362	Left Turn, 1-2 Steps, Down, Forward	Down following turn
	364	Halt, Stand with Distraction, Return Behind, Forward	Stay in place
	366 A-B	Moving Stand, Leave Dog. Turn, Call to Heel, Forward	A. Stay in place B. Come to heel position
	368 A-B	Halt, Leave Dog. Turn, Down on Recall, Front, Return, Forward	A. Stay in place B. Down on recall at a distance
	370 A-B	Halt, Leave Dog. Turn, Down, Return Behind, Forward	A. Stay in sit position B. Down at a distance from sit
	372 A-B	Halt, Leave Dog. Turn, Call Over 2 Jumps, Front, Forward	A. Stay in place B. Pass between jump uprights in correct direction(2x)
	374	Send Over Jump, Handler Runs By 6' (1.8m)	Pass between jump uprights in correct direction with handling at a minimum 6' (1.8m) distance
376	Offset Figure 8 (With Food)	Heeling around food bowls and cones in defined pattern	

Level 3 Bonus Primary Element(s)

Type	Exercise #	Exercise Name	Primary Element(s)
Stationary	400	Front, Finish R/L to Right Side	Finish to right side
	402	Halt, Retrieve, Front, Finish	Retrieve to front position
Moving	450	Switch Side 180° Pivot	Dog turns in place parallel to handler path to perform side switch
	452	Switch Side 180° Right Turn	Dog performs side switch with handler's right turn
	454	Switch Side 180° Left Turn	Dog performs side switch with handler's left turn
	456 A-B	Halt, Leave Dog. Right Turn, Call to Heel	A. Stay in place B. Come to heel position
	458 A-B	Halt, Leave Dog. Left Turn, Call to Heel	A. Stay in place B. Come to heel position
	460	Moving Down, 2-4 Steps, Moving Stand	Down while heeling & stand without attempting to sit or down