

WCRL Exercise Videos (short clips)



100 - Halt, Sit	https://youtu.be/-L5MqboBZ7s
102 - Halt, Sit, Stand	https://youtu.be/AEV47h34lwk
104 - Halt, Sit, Down	https://youtu.be/VrAu_a6vfDc
106 - Halt, Sit, Walk Around	https://youtu.be/kS4Pku3TNJo
108 - Halt, Turn 1 Step Right, Halt	https://youtu.be/l8RtarKf8ll
110 - Halt, 90° Right Pivot, Halt	https://youtu.be/04Izv1Wx3Yw
112 - Halt, Sit, Down, Sit	https://youtu.be/x5OUzji-7-s
114 - Halt, Sit, Down, Walk Around	https://youtu.be/YY4DLFvxAqQ
116 - Call Front, Finish Right	https://youtu.be/szXngNehK0w
118 - Call Front, Finish Left	https://youtu.be/XzEHnFN34tk
150, 152, 154 - Normal Pace, Slow Pace, Fast Pace	https://youtu.be/CjggtNUQyI8
156 - Moving Sidestep Right	https://youtu.be/rE-5HVRX1hl
158 - 90° Right Turn	https://youtu.be/b459BBMZs9E
160 - 90° Left Turn	https://youtu.be/Rm8EGkxPCpk
162 - 180° Right Turn	https://youtu.be/LZuCF5o2OaM
164 - 180° Left Turn	https://youtu.be/WQX7Ix_5ZkE
166 - 270° Right Turn	https://youtu.be/4NJ6ySC8peA
168 - 270° Left Turn	https://youtu.be/N5UikGD5taQ
170 - 360° Right Turn	https://youtu.be/ERiZgGMMQw4
172 - 360° Left Turn	https://youtu.be/4cobKvqq4i0
174 - Veer 45° Right	https://youtu.be/Bz4SOlv9Jfw
176 - Veer 45° Left	https://youtu.be/11F3bygnra4
178 - Call Front, Forward Right	https://youtu.be/yzAAAn5QVnjK
180 - Call Front, Forward Left	https://youtu.be/wR1Agd89lBl
182 - Mini Spiral Right	https://youtu.be/N5FgDMtmSi4
184 - Mini Spiral Left	https://youtu.be/YbRjh954QKA
186 - Figure 8	https://youtu.be/ChDE3GJVot8
188 - Serpentine	https://youtu.be/LctKx2rcscY
200 - Halt, 180° Right Pivot, Halt	https://youtu.be/KuqJz8t2qUU
202 - Halt, 90° Left Pivot, Halt	https://youtu.be/dtpG3lniVC8
204 - Halt, Sidestep Right, Halt	https://youtu.be/XrWweUxnXQl
206AB - Halt, Leave Dog. Call to Heel, Sit	https://youtu.be/6PCGwmnsc-4
208AB - Halt, Leave Dog, Veer Right. Turn, Offset Recall, Finish	https://youtu.be/2Oeg2KAZ3aY
210AB - Halt, Leave Dog, Veer Left. Turn, Offset Recall, Finish	https://youtu.be/OVpa8cYdSWk
212AB - Halt, Leave Dog. Turn, Recall, Finish Right	https://youtu.be/D6jezviXmIk
214AB - Halt, Leave Dog. Turn, Recall, Finish Left	https://youtu.be/yLcTsqT_HeU
216AB - Halt, Leave Dog. Turn, Call Over Jump, Front, Finish	https://youtu.be/ibA7hGd5b4g
218 - Call Front, Sidestep-Finish Left or Sidestep-Finish Right	https://youtu.be/BIBRAuYQBgk
250 - Halt, From Sit, 180° Right Turn, Forward	https://youtu.be/1UccFOazNyU

252 - Halt, From Sit, 180° Left Turn, Forward	https://youtu.be/FOMFTzZV1cQ
254 - Halt, Fast Forward from Sit	https://youtu.be/EsdozKlyJl0
256 - Moving Down, Forward	https://youtu.be/EMCICYSMRUo
258 - Left About Turn	https://youtu.be/bpRhVGXPzQY
260 - Send Over Jump, Handler Runs By 3' (1m)	https://youtu.be/1TgbdxgBsYs
262AB - Halt, Leave Dog. Turn, Call Over Jump, Front, Forward	https://youtu.be/fw0BxekLBYU
264AB - Halt, Leave Dog While Running. Return Behind, Forward	https://youtu.be/NO_sxIHuulg
266 - Moving Stand, Walk Around	https://youtu.be/RyK71bPnaYs
268 - Spiral Right	https://youtu.be/k0kKtFnK5ns
270 - Spiral Left	https://youtu.be/TV95JFB6LFs
272 - Offset Figure 8 (No Food)	https://youtu.be/oUJ1DXVPmiA
274 - Double Serpentine (Double Figure 8)	https://youtu.be/oaQGgpDnWZU
300 - Halt, 1-2-3 Steps Forward with Halts	https://youtu.be/lkvYDY6W4GU
302 - Halt, 180° Left Pivot, Halt	https://youtu.be/QXw30AvGUCE
304AB - Moving Stand, Leave Dog. Turn, Call to Heel, Sit	https://youtu.be/98SbERZQJQI
306AB - Moving Stand, Leave Dog. Turn, Down, Sit, Front, Finish	https://youtu.be/TReypxw--1c
308AB - Moving Down, Leave Dog. Turn, Front, Finish	https://youtu.be/psxBqM_oGUY
310AB - Halt, Leave Dog. Blind Front, Finish Left	https://youtu.be/ysY8459c9D4
312AB - Halt, Leave Dog. Turn, Directed Jump, Front, Finish	https://youtu.be/QI9B-YhvUFQ
350 - Double Left About Turn	https://youtu.be/B-bqoUKL2cE
352 - Reverse Heel 3 Steps, Forward	https://youtu.be/4qGMHgDum_g
354 - Front, 1-2-3 Steps Backward, Forward	https://youtu.be/FMSVrsBJXps
356 - Call Front, Dog Back Up 3 Steps, Return, Forward	https://youtu.be/pJxEH4kgISQ
358 - Front, 180° R/L Pivot, Forward	https://youtu.be/bqT_AJM1Xdg
360 - Right Turn, 1-2 Steps, Down, Forward	https://youtu.be/husqzosMP2Q
362 - Left Turn, 1-2 Steps, Down, Forward	https://youtu.be/P-tLZJM8_fk
364 - Halt, Stand with Distraction, Return Behind, Forward	https://youtu.be/zKYtPtImbaM
366AB - Moving Stand, Leave Dog. Turn, Call to Heel, Forward	https://youtu.be/NAiOYICQScC
368AB - Halt, Leave Dog. Turn, Down on Recall, Front, Return, Forward	https://youtu.be/x-MtUhEJGHw
370AB - Halt, Leave Dog. Turn, Down, Return Behind, Forward	https://youtu.be/vUGEL_ughbU
372AB - Halt, Leave Dog. Turn, Call Over 2 Jumps, Front, Forward	https://youtu.be/9UielC0ywns
374 - Send Over Jump, Handler Runs By 6' (1.8m)	https://youtu.be/hpKd6lUuXl0
376 - Offset Figure 8 (With Food)	https://youtu.be/bSy4ylzTYz4
400 - Front, Finish R/L to Right Side	https://youtu.be/P2y7skKg-6A
402 - Halt, Retrieve, Front, Finish	https://youtu.be/kKpi7XA_uxs
450 - Switch Side 180° Pivot	https://youtu.be/YzsQDgIXhu4
452 - Switch Side 180° Right Turn	https://youtu.be/1RMxEfQGbSE
454 - Switch Side 180° Left Turn	https://youtu.be/PS1Y6YjUHLc
456AB - Halt, Leave Dog. Right Turn, Call to Heel	https://youtu.be/IBQ_nPXr5s
458AB - Halt, Leave Dog. Left Turn, Call to Heel	https://youtu.be/Lf1St8cHBxc
460 - Moving Down, 2-4 Steps, Moving Stand	https://youtu.be/QQ9hUIBbfim
Example: Resolving Right-Side Heel to Left Side Heel	rallydogs.com/binary/videographics/RSH.mp4